SEMINAR TRAINING LOCATION

BRENTWOOD FAMILY YMCA 8207 Concord Road, Brentwood, TN 37027 615-373-9622



SUGGESTED HOTELS

BEST WESTERN - FRANKLIN

1308 Murfreesboro Rd, Franklin, TN 37064 (615) 790-0570

AMERICAS BEST VALUE INN - FRANKLIN

4201 Franklin Commons Ct Franklin, TN 37067 (615) 591-5678

Each individual or group leader should call in to GUARANTEE RESERVATIONS. Payment to hotel is individual's responsibility.



SEMINAR DIRECTORS



SEMINAR DIRECTOR: Grand Master Danny Chapman Phone:615-794-4330 e-mail: 5rebels@hughes.net

ASSISTANT SEMINAR DIRECTORS: Grand Master Mike Hoyal Grand Master Tim Bowles



SEMINAR SENIOR SUPERVISOR Grand Master Floyd Burk

REGISTER BY AUGUST 27 AND SAVE!



35th Annual National Training Seminar September 27 and 28, 2024

DON'T FORGET

TO BRING NOTEBOOKS, SPARRING EQUIPMENT and CAMERA PLEASE RESPECT YMCA FACILITIES

GRAND MASTER

2024 FEATURED INSTRUCTOR

2024 National Training Seminar FRIDAY, 9/27 AND SATURDAY, 9/28, 2024 35th Year of Roots & Wings Seminar



DND ANNIVERSARY OF IKSA **1982-2024**



FEATURED INSTRUCTOR **GRAND MASTER JIMMY SMITH**

REGISTER BY 8/27 AND SAVE!

SEMINAR **INSTRUCTORS**

GRAND MASTER FLOYD BURK GRAND MASTER DOUG WELSH GRAND MASTER RON VELARDE MASTER BRENDT BERNARD MASTER MATT STONEROCK MASTER ERIC SOMMERMEYER MASTER MARCIA WATERS MASTER MICHAEL CULBRETH MASTER LINDSEY CULBRETH MASTER AMBER CRAIG MASTER RICKY ELLINGTON MASTER ISSACHAR JAMES MASTER TYLER DEWEY MASTER MIRAN REYNOLDS SENSEI CHIRS SECHTIG SENSEI DANNY TRACY

SEMINAR SESSIONS

ADULT SESSIONS:

- Stretching & Kicking Self Defense Combat Staff
- Kickboxing
- Tai Chi

YOUTH SESSIONS:

- Stretching & Kicking Panda Tai Chi
- Self Defense • And More!

And More!

• Winning at tournaments

IKSA Martial Arts and Sciences Certification

The IKSA will offer IKSA Martial Arts and Sciences certification to those who complete all 4 parts of the program. Parts 1 and 2 will be given in even numbered years and parts 3 and 4 in odd numbered years. Therefore this year's certification will be for Parts 1 and 2. Completing any 2 parts earns provisional certification. Completing all 4 gives permanent certification.

2024 SEMINAR SCHEDULE

FRIDAY – 9/27 ADULT CLASSES (No Kids Classes on Friday Night)

3:30 - 5:00	IKSA Member Meet & Greet	Seminar Hotel
6:30 - 6:45	Welcoming Ceremony	Burk/Chapman
6:45 - 8:00	CDS SYSTEM GUN & KNIFE DEFENSE	Smith
6:45 - 8:00	Instructor Training: IKSA-MAAS (Parts 1 & 2)	Velarde/Stonerook

SATURDAY - 9/28 ADULT CLASSES

9:00 - 9:50	Morning Stretch	Stonerock
10:00 - 10:50	Staff Kata K-I NO-KON	Burk
	Freeze Frame D-TAC	Craig
11:00 - 11:50	Sparring Techniques & Strategy	Ellington
12:00 - 12:50	Lunch Pizza provided by YMCA	
1:00 - 1:50	Combat Defense System	Smith
2:00 - 2:50	Scorpion Kick Boxing	James
	Combat Tai Chi	Tracy
3:00 - 3:50	Forms – Breakdown	Bernard/Sommermeyer
	Nunchaku	Welsh/Dewey
6:00	Awards & Promotions Banquet	YMCA
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SATURDAY – 9/27 KIDS CLASSES

9:00 - 9:50	Morning stretch	Stonerock
10:00 - 10:50	Takedown Madness CDS System	Smith
11:00 - 11:50	How to Win at Tournaments	Reynolds
12:00 - 12:50	Lunch Pizza provided by YMCA	
1:00 - 1:50	You're Not My Mom Self-Defense	Culbreth -Lindsey & Michael
2:00 - 2:50	Panda Kids Tai Chi	Watters
3:00 - 3:50	Super Powers for Super Kids	Sechtig